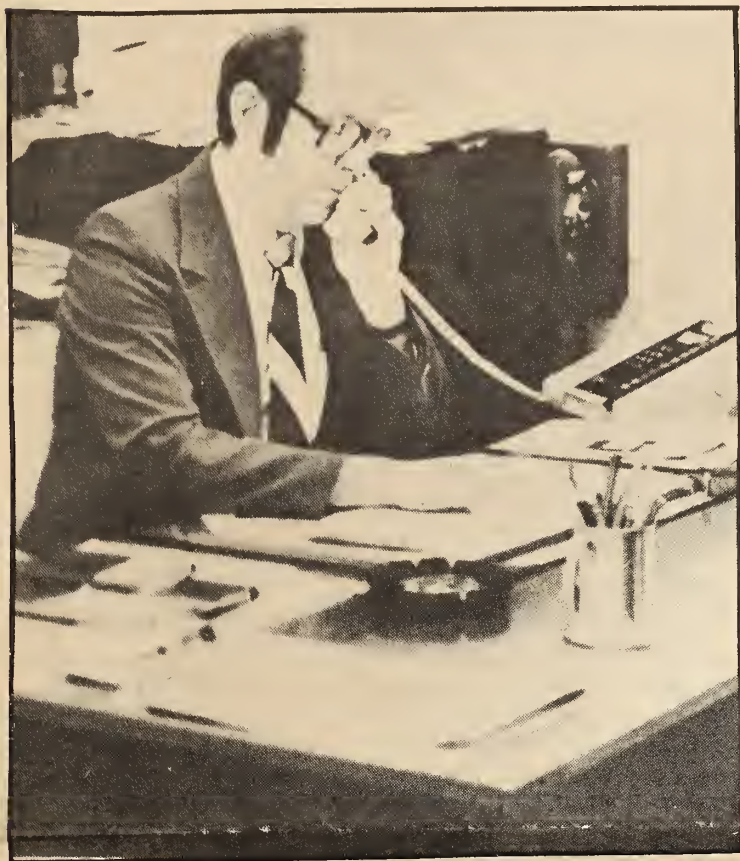


SPOKE

Conestoga College, Kitchener, Ontario, Monday, December 6, 1982



College conserves under hand of Rostance



Mac Rostance conducts business from his campus office

by Monica Mroz

Conestoga College has been on an energy conservation program since 1974-75, which it started before any other community college. Approximately two years later, "the others jumped on the bandwagon, screaming, 'conserve energy,'" said Mac Rostance, manager of physical resources for Waterloo County campuses.

The original intention behind the program was to save money. "If the college had gone ahead and used the same amount of energy every year, the dollar figure would be fantastic," said Rostance.

Rostance said that the phrase, "energy conservation" is just a fancy way of saying "put the lights out" or "turn the heat down". Even so, there is far more involved in energy conservation than these two simple sentences might suggest.

Light is measured in foot-candles. It is a scale with readings of zero to 500 of the amount of light in a particular area.

The light level is checked

periodically throughout the college. If the scale reads higher than the normal level, a fluorescent tube is taken out.

Lighting levels have been reduced in a lot of non-essential areas. Security and cleaning staff are instructed to switch off all but necessary lights.

All equipment, (heating and cooling fans and pumps) are on seven day timers. Everything shuts down at 9 p.m. and starts up again at 6 a.m. automatically. On weekends, the equipment shuts down Friday at 5 p.m. until 6 a.m. Monday. Exterior lighting shuts off at 12 midnight until 6 a.m.

Heating for the college runs on a hot water system. Boilers are kept running continuously to keep the heat at a constant temperature. After hours, however, the heat is not being pushed out into the rooms.

Even though the college is conserving, it has used more energy in the past year than before the conservation program began. Classes are running longer, and night school uses practically every room in the building. As a result, hydro

consumption goes up. The computer terminals and the heavy machines used in some programs require a tremendous amount of hydro. The wood technology program runs from 7 a.m. to 11 p.m. five days a week and for a shorter period of time on the weekend.

"The college is saving every dollar it can with the present conservation methods that are now under way," said Rostance. "To further increase savings would mean large capital expenditures, and financial return for that investment, at this time, would not qualify for the anticipated payback period of approximately five years."

"A team of engineering consultants was brought in and did a complete survey of the college in 1977-78," said Rostance. "Their report stated that they could not improve any further on the measures already taken by college staff."

Rostance hopes that by making students and staff more aware of energy conservation, utilization of resources can be made more efficient at the college.

Presidents call for voice in vote on boards

Students of Ontario community colleges are becoming more united in their opinions. This became apparent at the conference of student administration presidents held at Lambton College in Sarnia last week. Common concern and understanding was expressed for a variety of issues related to quality of education and Ontario government policy.

The conference established two working committees to prepare depositions to the Council of Regents next year. One will state the case in favor of voting student representation on boards of governors. The other will study the question of sections of their programs, and it will draft a

series of recommendations to the Council of Regents.

Opinion on these topics was not unanimous, as representatives of a few colleges expressed doubt over the positions reached. Mohawk College president Peter Stoyakovich stated that students have no right to request membership on boards of governors, as the boards are supposed to be objective, while student representation constitutes a vested interest.

It was remarked, however, that the boards are composed of vested interests now in the form of business leaders in the community surrounding the college. John Marcocchio of Humber College said that if the future employers of stu-

dents are represented on the boards then students must be there as well.

On the matter of underpaid internships, it was unanimously agreed that changes should be made, with the reservation that any work experience was better than none at all. It was suggested that the Ontario government provide more incentives to employers for these programs.

Great concern was expressed over the breakdown in negotiations between the Council of Regents and the Ontario Association of Certified Engineering Technicians and Technologists (OACETT) over accreditation of technological programs. Speakers from Seneca and

Loyalist colleges claimed that the debate has been carried on for three years without result, because there has been no pressure from students for a solution.

During the second day of the conference the presidents were addressed by Richard Balnis, a professional researcher for the Ontario Federation of Students (OFS). According to Balnis, the rationalization program that the Ontario government and the Council of Regents has embarked on is being done in the interest of cost-cutting and contraction of the college system and not with the object of improving the quality of education. Balnis said that colleges are faced with chronic

underfunding from the province by 12 per cent under the national average.

The response of the colleges has been to cut into their operating costs by relocating the concentrating programs in order to create the funds needed to make improvements in facilities and teaching equipment.

Balnis concluded by saying that this policy is running counter to the government's stated intention of establishing a more accessible, higher quality, better planned post-secondary education system.

There was general agreement with this by the presidents but no clear policy was

see/PRESIDENTS/p.2

O.A.C.E.T.T. obsolete

New tech standards coming

by Janet Kraft

Ontario Federation of Student representatives, at last weekends conference, voiced concern and strong opposition to the Council of Regents decision not to recognize O.A.C.E.T.T. accreditation for graduates of community college technology programs.

The decision, effective June 10, 1982, was based on the findings of the Council with regards to the necessity of

O.A.C.E.T.T. (Ontario Association of Certified Engineering Technicians and Technologists) accreditation for graduates.

The Council has only two criteria on which it bases the necessity to recognize the need for an accrediting body in any program, is it necessary for employment and is it required by law?

In both cases OACETT was found unnecessary.

David Hogg, chairman of the

technology program at Conestoga and a member of Heads of Technology for the province (H.O.T.) feels that O.A.C.E.T.T. accreditation, "...doesn't help or hinder our graduates. This is born out by the placement statistics of our grads (out of the most recent graduating class 95.10 per cent were placed - 76.3 per cent in full-time employment).

Hogg said the Council's deci-

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SPOKE

Managing Editor: Colin Hunt
Assistant Managing Editor: Pam McKay
News Editor: Bev McBride
Entertainment Editor: Moira Welsh
Sports Editor: Kelly Pfeiffer
Photo Editor: Roy Cooper
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Editorial

New roles, bruised identities are outcomes of movement

by Laura Walkem

Women have changed; so have women's groups. In the 60s, women's groups hoisted the banner of liberation to force women to rethink their status and traditional role in society.

That meant getting out of the kitchen and into the work force. With that move came confusion. Women were told through the media that they were no longer effective as stereotype mothers and were needed out in the real world to ensure adequate rights for themselves.

An area that came under attack was the bastion of male chauvinism. Women began to take on the task of applying for and sometimes getting jobs that once were only for men.

From construction to auto mechanics, women went a long way to prove their point. Meanwhile, several liberated members of the women's groups made a killing publishing how-to books and bombarding all minds with a constant stream of propaganda aimed at making women aware of their "plight."

The information and the resources are now available to women, as are self-help clinics ... after the fact. However, no one had any answers for women who were not single nor full time professionals.

These are the women who suffered. All they wanted was to stay home and raise a family. They were pressured by liberated friends to get out into the man's world and find themselves.

When they got there, all they could think about was whether their children were being well treated at the day-care center.

They wanted to be at home. The job that they were best able to perform, due to their age and level of education, was a factory position.

After a long and tiring day, they still return to their traditional role of wife and mother. Someone had to make the supper and clean the home.

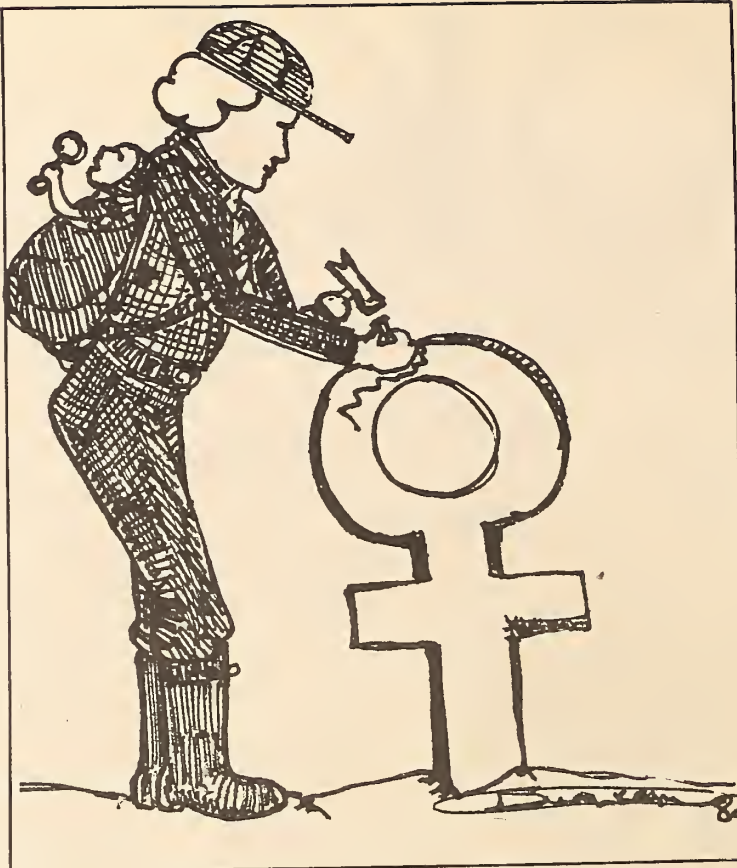
Perhaps the confusion on women's behalf isn't so bad. It's the lack of identity which is injurious.

Women are taking on non-traditional occupations and are effective in bridging the gap between motherhood and career goals.

However, the tragedy is evident when one meets a woman who blushes and admits that she is "just a housewife." Her self-image has been eroded by the same powers that were intended to protect her.

In 10 years time, women's groups will be a thing of the past. They will find their way into history books, as a tool of change for women.

By that time, I am sure, "liberators" will have found another way to capitalize on women.



LETTERS TO THE EDITOR

Unsigned Letters to the Editor will not be published. Name can be withheld on request. All letters are subject to editing.

Remembrance Day

Your Remembrance Day article, "Do you understand?" left me somewhat dissatisfied.

"Ask your parents what they went through when they were growing up during the war," the article suggests.

But my own parents did not grow up during the Second World War; they were already adults engaged to be married when my father was sent to boot camp and later overseas, where he participated in the raid on Dieppe and was taken prisoner of war.

Eleven years after the war ended, he died from illnesses inflicted during those years overseas; and not long after his death, a small package arrived by mail addressed to my mother. It was a medal from the Canadian government awarded posthumously to my father, who had, it seemed, "died in the service of his country." At ten, I was old enough to recognize the irony in such gestures.

So, although I wasn't born until after the war ended, I do

on November 11th. The Second World War is an important part of my background, although not something I can easily reach out and grasp.

However, if I choose to look back, it's not with maudlin sentimentality, but simply to take stock, to maintain my sense of continuity with the past. So it must be with veterans who need occasional opportunities to remember their own histories; and I suppose on Remembrance Day some form of ceremony has its place.

But, as for me, I want no part of the pseudo-death processions, the sounding of The Last Post, or wreath-laying at the local cenotaph.

On November 11th I'd rather celebrate life and if I wear a flower in my lapel, it won't be a cardboard poppy.

In closing I'd like to refer once more to your article. "Mothers' sons" are not only ones who die in war. Women and children die too. Why don't we remember them?

Yours truly,
Kathryn Gill

Santa Claus is coming

by Catherine Nowe

Jingle, jingle and ho, ho, ho, Santa Claus is coming to Conestoga College. I'm so happy and excited that I just can't wait for Tuesday, Dec. 7. I hope I can catch a glimpse of Santa's sleigh when he flies in just before lunch at 11:30 in the morning or even when he takes off at 1:30 in the afternoon.

I know it's going to be so much fun down in the cafeteria because Santa is going to play the piano for us and everyone will have a Christmas carol song-sheet so they can follow along. (Oh, I love to

sing Christmas carols.) He's even going to hand out candy canes.

The best thing about this special day is that everyone gets to decorate the tree together. Even the children from the Early Childhood Education Department are coming over to join us.

Everyone is asked to please bring one ornament to put on the tree and mmmmmmm ... there will be fresh baked Christmas cookies compliments of Beaver Foods Ltd., and free eggnog for all.

It's going to be a great festivity and everyone can celebrate the Yuletide spirit.

CERTIFICATION/from p.1

sion regarding OACETT was only reached after a two year period of analysis of the jobs available to college technology graduates. Few job requirements listed OACETT accreditation as necessary.

In addition to the Council's research, Hogg said that Arden Mertz, a member of Conestoga's technology staff, went to Alberta to look at the job market for our grads and to compare the standards and quality of our grads to western grads. Ontario graduates don't fall short, in fact, Mertz found that western employers were offering premiums to Ontario graduates.

Hogg feels that the two main issues in the OACETT question are accreditation and program quality, standards and values.

Hogg defines accreditation as meeting the standards of an organization, "only their standards." But he feels that the technology programs in Ontario colleges were not uniform enough. Hogg says employers expressed a desire for more consistency in the CAAT graduates.

The Council of Regents (COR) has met and approved in principle, a proposal by H.O.T. to establish a committee that would not only oversee but ensure that program standards are met.

A key element would be the use of Competency Benchmarks (CBM's).

CBM's, written program requirements for each program, include specific competencies expected of graduates.

There is a list of what graduates must do, which ensures a standard of performance across the province. Then there are listings of what the graduate could do, these listings provide a flexibility that would make allowances for differences between colleges. The final listings would tell the employer what the graduate could be expected to do with appropriate work experience, ie. working in a supervisory capacity.

Hogg says that within two years the technology programs at Conestoga will have embraced CBM's 100 per cent.

The advisory committee that H.O.T. proposes would be made up of technology staff from different colleges, representatives from professional organizations, ie. OACETT, and employers.

This mix is to ensure that the committee's advice is objective, professionally sensitive and relevant to the changing employer needs.

Hogg feels that OACETT's arguments, that CAAT graduates will be prejudiced against, unemployable nationally and that the present standards will erode, are invalid.

PRESIDENTS/from p.1

discussed on the matter of underfunding. Some expressed hesitancy in accepting too readily statements from the OFS.

The conference concluded on a note of unity with the acceptance of a constitution establishing the presidents' meeting as a permanent body with at least three meetings per year to trade information and discuss items of interest to all college students.

Wood program products find use on campus

by Laura Walkem

For some of us, the "tech" area is out of bounds, in the sense that there is little there of interest to us. Or is there? When you are pulling out a magazine from the racks in the library you are indirectly using a product that was made from wood. Everyone has seen

the "Conestoga wagon"; that too was manufactured in wood products.

The program Manufacturing Technician-Wood Products is a two-year program which gives the student the basic technology and skills to manufacture furniture, cabinets, millwork and other secondary wood products.

According to Len McDonnell, the co-ordinator of the wood product program, the program teaches the student all aspects of wood production and how to trouble-shoot. "They (the students) learn everything from management to production - all aspects involved are covered."

"In the first year the students learn the basics: how to operate the machines and how to set-up. They then are given a group project, where they have group leaders, a class co-ordinator. The students take care of the production. My role is to advise and teach."

Some of these projects that are manufactured in this method are Mediterranean-style bunching tables, cocktail tables and end tables.

Drafting tables were designed and manufactured for the college along with the latest project, a 40 foot show case. McDonnell states that this is the first large scale project that has been done for the college.

For second year students, the onus is on custom design. They create custom furniture or cabinets. They pay for the materials themselves, unless it is a project for the college.

The products that come from the wood products program are definitely marketable. "We've had good employment statistics, and our graduation rate is about 40 students a year."

The actual wood product workshop is immense. There

appears to be more than enough space to do production on a product of considerable size. Throughout the area the smell of saw-dust permeates the air, but the shops are kept extremely clean. Some of the work that was in various stages was impressive. It is easy to understand why the word "master" is applied to

craftsman.

McDonnell has been teaching for 13 years, and has been in the business for approximately 40 years. "I enjoy working with the students, they keep you thinking."

If the works that are coming out of the wood product shop are any indication of talent, is a lot to be appreciated.



Bill Baker a blind student puts together a frame for a stereo speaker.



Andrew Steele, sands the frame for a games table.

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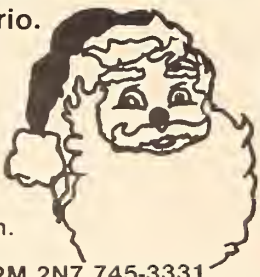
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W'loo campus population is constantly changing

by Kathryn Gill

The student population at Conestoga College Waterloo campus is in a constant state of flux. With students graduating regularly from their various programs and new seats becoming available, the college is currently admitting 10 to 12 new students weekly.

Before budget cuts became common occurrences new students spend one full week in an orientation program organized by Bob King, counselling coordinator. By the end of the week King knew most of the newcomers by name. Now with orientation reduced to a half day, he no longer enjoys the same degree of familiarity with students.

Although many of the students are people in their late teens, unemployed and referred by Canada Employment, the college is currently admitting many more students of forty or fifty, putting the average of students in the late twenties.

About one third are women, many of them single parents, and the number of women entering non-traditional occu-

pations like electronics and offset printing has increased substantially over the past five years.

Increased unemployment and the high cost of living have sent single fathers back to school too, and these students face special difficulties — coping with the demands of housekeeping and raising a family, finding adequate day-care for their children, and of course, financial problems.

"We have mothers allowance," says King, "but did you ever hear of fathers' allowance?"

In fact, financial worries are the biggest problem for older students, even those subsidized by Canada Employment, as high mortgage rates put an almost intolerable strain on student budgets.

Loneliness is not uncommon among students who have moved to the K-W area from other communities or among landed immigrants or Canadian citizens from other countries. A high student turnover makes the establishment of long-term friendship difficult. Add to this the fact that at the Waterloo campus there are few

extra-curricular activities that bring students together to socialize outside the classroom.

Only a very few students encounter more serious problems like alcoholism or marriage breakdown, but when these students approach King he helps achieve a certain degree of stability and refers them to other sources of professional help in the community.

Any problem that goes unsolved can lead to a drop in attendance. A few single fathers, unable to get help from the community, do drop out of courses when conflicting demands of home and school seem overwhelming. On the other hand, according to King, single mothers cope more easily with their problems, partly because there are more support services available to them in the community.

Occasionally a student whose attendance record is poor will be asked to leave his program. "But," says King, "most of our students are highly motivated and willing to work hard. When they work hard, we know they'll be alright. They'll get through."

Invest to beat inflation

by Janet Kraft

On November 20, the Kitchener Public Library presented 'Family Financial Survival,' a lecture to help you find out 'where the money went.'

The lecture, part of a business series, was facilitated by David Barr. Barr is an account representative at Eaton-Bay Financial in Kitchener.

Barr, whose specialty is investment counselling, urges people to buy term insurance and invest the rest of their money. Whole-life policies are 'behind the times.' By the time you can collect the face value of the money — it is all yours.

Barr says, "The insurance company enjoys high interest rates by using your money for 65 years — while you pay interest to them if you want to borrow on your policy."

Barr also outlined nine common financial mistakes, ranging from using plastic money,

impulse buying, not budgeting, to thinking the future will take care of itself.

Barr uses a simple equation to determine the real profit in an investment. You take the return on your investment after taxes and compare it to the inflation rate — if it is less, the investment is really doing you no good.

Making out a budget and following it is vital. Barr jokes that he himself is using a budget and he is spending only \$50 more than he makes.

A budget can be broken down into a few simple steps. The first step is to calculate your total income — from all sources. The next step is to subtract your savings. Barr feels too many people only save what is left over — or they think they do.

The next step is to find your total expenses. Barr breaks this category down into three groups: fixed expenses ie.

rent, taxes, insurance payments, credit card payments, flexible regular expenses ie. groceries and clothing, flexible irregular expenses ie. major purchases — a new car.

Your budget should balance in order to keep you solvent.

Barr gave advice to people locked into mortgages and gave hints about income tax.

The next lecture is January 29 and is on Retirement Savings Plans, following this will be a lecture at the Pioneer Park branch of the KPL, March 1 and 8th on Income Tax.

Barr jokingly referred to 1982's as the strangest income tax form to date. "I called to get a couple of copies of the forms to bring with me," says Barr. "The girl said they are not printed yet as they don't know what to put in them." Barr suggested only two lines — what did you make? and send us this!

Canada to be rid of juvenile delinquents

In about half a year, there won't be any more juvenile delinquents in Canada.

This doesn't mean that youths won't stop breaking the law, only that the term "juvenile delinquency" will be wiped out of the law books and replaced with a far-reaching new federal act called the Young Offenders Act.

This new act will change the law and the way we treat the young people who break it. It will also change the legal age of a young offender: the youngest age will rise from seven to twelve and the upper age limit will be 18 across the country by April 1st of 1985. Now it is 16 in six provinces including Ontario, 17 in British Columbia and Newfoundland,

While the Young Offenders Act will give youths rights to due process and fair procedure, it will also put the full load of adult responsibilities on their shoulders.

This new act passed by the House of Commons is expected to be proclaimed April 1, 1983.

and 18 in Quebec and Manitoba.

Under the new law, offenders under 12 will be dealt with by Children's Aid Societies or other social agencies, but judges won't be able to enforce any measures. Those over 18 will be dealt with in adult court.

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ENTERTAINMENT



YORK ROAD GETS THE FLOOR MOVING

Catherine Nowe/Spoke

Poor pub turnout mars great show

by Catherine Nowe

Students who attended last Thursday night's pub, followed the theme of the pub - wearing stripes. Some even went as far as to stripe their hair and shoes.

Starting off the night with "I Will Follow" by U2, our featured band, York Road, made a strong impact on the students by sending a high level of energy off the stage and into the crowd. We were entertained by such numbers as "Do Waa Diddy" by Manfred Mann, the popular "Stray Cat Strut" by the Stray Cats, and others from groups like The Clash, Talking Heads, and David Bowie.

York Road's second set consisted of twelve numbers that were their own original songs. Their music has both meaning in the lyrics and good quality sound. It is the kind of sound that made you feel good about yourself and the fact that you are alive.

York Road have only been together for a year and a half and have already elicited extremely positive responses from such colleges and universities as McMaste, Western, Fanshawe, Waterloo, and Queens. When asked why they wear so much makeup for their performances, bass player John Lewis said, "We wear the makeup for two

reasons. First, for the effect under the bright lights, you need it for color and distinction. Second, we like it for shock value."

York Road has had offers from 3 or 4 different record companies and hope to soon record their own album. They are a young, energetic band who deserve a lot of credit.

During the song "It Wouldn't Have Made Any Difference," which is a slow number by Todd Rundgrun, every couple was up on the dance floor. When they did the number of the re-done version of "Tears of a Clown" by the English Beat, the response was fantastic. York Road is also known for their rock and roll version of the theme from the Flinstones which is always enjoyed by any crowd.

From Ancaster Ontario, York Road's members are lead guitarist Pat Alpaugh, bass player John Lewis, keyboard player Scott McDonald, and drummer Duncan Stanbury. Their equipment includes a Double Martin PA system, 2400 watts of main lighting, 24 rain lights and 1600 to 2000 watts of sound being driven from six amplifiers.

In speaking with Jamie J, our Entertainment Coordinator, he said, "We had a great hype dance band. We're going to bring them back. It was great."

Joni Mitchell's new album takes off in too many ways

by Laura Walkem

Joni Mitchell's new album "Wild things move fast" is doing just what its title suggests. Copies of the release are limited at the local record stores. According to one sales girl, "We can't stock them fast enough." Another clerk at the same record shop said that this release is the best that Mitchell has ever produced.

I had read that Mitchell was able to combine folk-jazz and soft rock to form an enjoyable musical experience. So with anticipation, I purchased the album and headed home, hot to hear the best of Mitchell.

Mitchell, a Canadian musician, started to become popular in the woodstock era. Her whimsical folk music tinkled with the trials and tribulations of love, passion, and government. As time went on Mitchell's albums reflected an increased drive on the singer's part to captivate and use jazz instrumentation as background.

By the time she produced "Hejara" she had created a new style which was a combination of ballad and blues. After that her musical lime-light faded; her style became more personalized and reclusive.

With the emergence of her current work, many Mitchell fans did just what I did, rushed home, put the record on the

turntable and sat back, ready for anything.

Well what did emerge was a heavy backbeat, wordy ballads and many different styles ... but no flow. The selections are too changeable to set any mood or atmosphere and have lost Mitchell's soft welcome touches.

Time has passed and Mitchell, in the shadow of forty, has come up with a mixture of her same old themes, only adding middle-age as a brand new crisis to deal with.

The tempo is up-beat but seems to go off in too many directions, leaving the listener in doubt of the actual message in the songs. It's like hearing the same story told sixteen times — after a while you get bored. This record hits the same note.

There are some redeeming qualities in this montage of melodies. As usual, Mitchell manages to make some credible points about relationships and people's feelings. In her song "Moon at the Window" Mitchell sums up love; "People don't know how to love

They taste it and toss it
Turn it off and on
Like a bathtub faucet
Oh sometimes the light can be
so hard to find...."

In "Wild Things Move Fast" Mitchell is groping in the dark to marry her prose with her melody. It just doesn't work.

Patterson's camera captures nature in it's many moods

by Jana McNaught

Freeman Patterson's "Photography of Natural Things" should win the author another award for his already well-filled trophy case.

Like previous works, "Photography and the Art of Seeing" and "Photography for the Joy of It", the new book is a well thought out, beautifully graphic combination of editorial content and photography.

The prints depict many sides of nature. The reader is treated to a documentary-style, super close-up of a vividly and rather silly looking lion stretched out in the crotch of a tree, and the more esoteric and interpretive shots of sand dunes and wild vegetation.

All the photos are, as usual, technically perfect and mas-

terfully printed. My only quarrel with the book is there just aren't enough photographs, and there are no black and whites.

If the reader can get past the absolutely stunning prints, the text is almost as interesting. Patterson's writing style is relaxed and easy while managing never to condescend. In "Natural Things", Patterson devotes space to particular aspects of nature; water and soil, the sun and atmosphere, plants, and animals, with specific suggestions for the reader-photographer.

One chapter, "Nature in the City", is especially valuable for those of us who are unable to visit easily or quickly a wild forest or uninhabited beach. There is nature in the city, and Patterson tells us how to find it and photograph it.

The author's reverence for life shines throughout the pages of "Natural Things" (he wrote his masters in divinity at Union Theological Seminary at Columbia University on still photography as a medium of religious expression.)

A New Brunswick native, Patterson is certainly deserving of his name as Canada's foremost photographer. The book is a delight - for amateur photographers, professionals, and for those who appreciate fine art.

The paperback edition of "Photography of Natural Things" sell for around \$16.00 and would make a great Christmas present. If you can't think of anyone to give it to, buy it for yourself. You won't be sorry - even at that price.

The world of women writers today; Sternberg tools the views of her peers

The Writer on Her Work edited by Janet Sternburg. W.W. Norton. 265 pages.
Reviewed by Kathryn Gill.

As Janet Sternburg points out in the introduction to her book, the woman writer has been variously categorized as long-suffering recluse, free-spirited adventurer, or self-destructive genius. Women's writing has appeared to spring out of nowhere, removed from any social or historical context and tradition. If these stereotypes have prevailed it's because, until recently, women writers have remained isolated from themselves, while critics, seeking to minimize their talent have overlooked the long history of women's culture out of which their work developed.

Now the old ideas are giving way as women gather to talk about their lives as writers and the way their lives and art converge and transform each

other.

Sternburg, a former film maker, now poet and novelist, has brought together sixteen contemporary American women to question and remember, reflect on the creative process, and take stock of why they write.

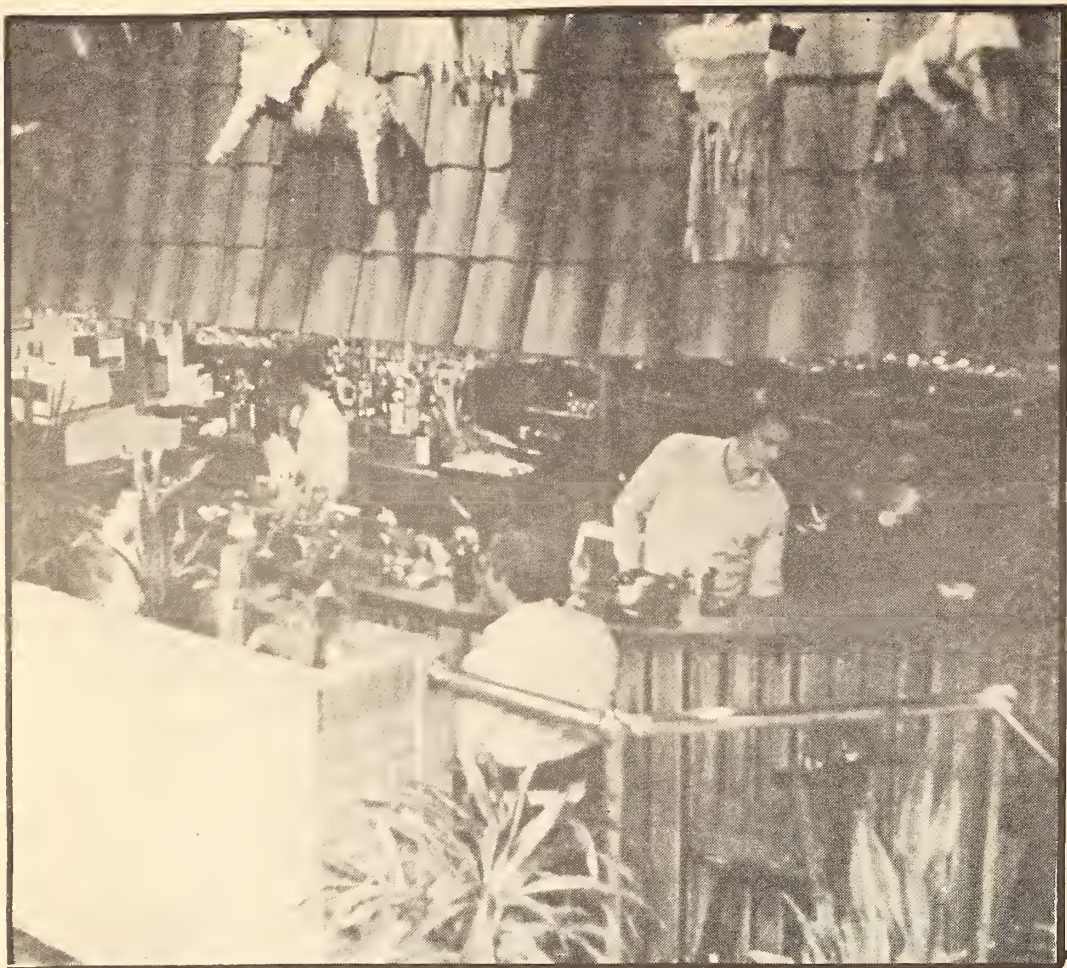
Joan Didion thinks "to find out what I'm thinking, what I'm looking at, what I see and what it means. What I want and what I fear." If for her writing is a response to certain inner tensions, for Alice Walker it begins with the direct apprehension of external violence and becomes a means of seizing power and changing the conditions that anger her.

Erica Jong tells us that writing is a way out of fear and into exploration, "As artists, the unknown beckons us, singing its siren song and making our hearts pound with fear and desire. Let us not tie ourselves

to the mast of anger, but sail into the unknown, fearful of the future, yet not paralyzed into immobility by fear; feeling the fear, yet not letting the fear control us."

Meeting these sixteen women in struggle against the daily fragmented demands that threaten to disrupt their work, we discover women refusing silence, committed to continued growth and change.

"Every woman who writes is a survivor," says Tillie Olsen and the women assembled in Sternburg's book tell of their own genius for survival. Of learning to trust their own experience (and to risk that experience on paper), of developing their craft and creating the time and space to write. They speak for themselves and for thousands of obscure women everywhere who, practising necessary economies, claim their own authenticity.



The bar at Viva Zapata offers a variety of drinks.

Viva Zapata: K-W's best Mexican munchies

by Laura Walkem

Viva Zapata is a Kitchener restaurant that offers the best of Mexican-American cuisine in the area. When you enter the restaurant for the first time you are treated to a warm atmosphere of Mexican charm and cozy booths. Brass rails run along the tops of the booths and are met by well-tended plants that are hung from a sky-light that runs the length of the restaurant.

The decor is tasteful, yet evokes a hospitable welcome. Chalkboards list the latest drinks and "Gingo" foods (for those who really don't want Mexican style).

The food is good and reasonably priced. Two of us dined for less than \$12.00. I ordered the Quesa-Dillier which is a Mexican pizza, or flour tortilla smothered with cheese, tomatoes, green peppers and spicy meat. There are variations to suit every taste. The dish came hot to the table and was accompanied by a bowl of chiles again to your choice of spiciness.

My partner-in-crime ordered "Those good things", the real name being "Canapes de Aquacate y Jocoque". This dish suited the first name. It consisted of a delicate cheese sauce draped over flour tortilla chips crowned with avocado and sour cream. Along with this dish, we decided to go

all out and order a bowl of green chile peppers, just to see how hot the selection could be. They were hot. I now understand why the Mexicans have a hat-dance ... hot chiles.

Of course, we had to indulge in dessert. I highly recommend the Marguerita cheesecake. If you are a cheesecake lover, this delightful combination of tequila and lime with creme cheese is a must. The flan which my fellow-diner ordered proved to be a disappointment. The Kahula sauce that smothered the custard just didn't make it any better, it lacked any specific taste. To complement the dinner, we both had a glass of the red house wine, it was dry and satisfactory.

The nicest part of our meal was its leisurely pace. We were not pushed, rushed, or coaxed. That's a change from fast food joints. The staff is friendly, and the restaurant "manana" (lazy mood) lends itself to sitting back with a few friends and relaxing. The music isn't over-bearing, but can be a bit loud at times. There is a bar, however, it seems much more pleasant to sit in the booths and have your own hide-away.

The combination of all these factors mentioned, makes an evening out affordable and enjoyable.

Viva Zapata is located at 1335 Weber St. Kitchener

A look into the past at Canada's first female painter: Emily Carr

by Janet Kraft

Canadians are always looking for heroes, searching for areas where there is some recognizable feat that they can claim as their own. In the world of art there is no need to search. We have the Group of Seven, Homer Watson and Alex Coleville, to name a few. But one of the best, and one of the least recognized, is the talented woman of the West Coast who painted the wilderness, the earth, and the essence of Canada. The woman is Emily Carr.

Carr was born and raised in Victoria, B.C., which at that time was an area of Canada where art was accepted only in its most traditional form, and where there were few places to train. As a result Carr had to go to the United States and to Europe to study. It is quite sad that the country she loved and with which she longed to share her talent only came to accept her art in the later years of life and after her death.

Carr was born on December 13, 1871 in Victoria, and was the second youngest of nine children. Her family was very British and quite strict. At the tender age of 15, after the death of both her parents, Carr took her share of the inheritance and made her way to the San Francisco School of Art.

When Carr finished school she was still dissatisfied with her work and continued her studies in London. She had learned the technique but she still did not know how to

capture the vastness and wildness of Canada on canvas.

The new art of Paris seemed to hold the answers she was seeking. In Carr's book, *Growing Pains*, she tells how she learned to use brighter, cleaner color, simpler form, and more intensity. Simplification was used to express the depth, breadth and volume of the West.

Miss Carr had a love affair with the land, "...I clung to the earth and her dear shapes, her density, her herbage, her juice. I wanted her volume, and I wanted to hear her throb," says Carr in *Growing Pains*.

She never married nor had children; she strove only for perfection in her work.

In 1937, after suffering three heart attacks, she took up writing. She published four books. (Klee Wyck, *Growing Pains*, *The Book of Small*, *The House of All Sorts*)

Emily Carr was not a conventional artist. A disciplined and dedicated woman, her unique style set her apart from other artists of the day.

Today, Carr is regarded as one of the greatest women painters of the day because of the free spirit in her art, the vibrancy of the colors, the subject matter, the rhythm and the beauty of her work.

A talent once scorned and ridiculed her paintings now hang in the great art museums of the world.

Emily Carr represents Canada's achievement in the world of art, and is a person Canadians can be proud to claim.

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SPORTS

Foul Shots

Imlach pulls no punches

by Blake Reiner

During all his years in hockey, George (Punch) Imlach was never known to mince words with anyone. He didn't do it as a coach or general manager and he doesn't do it as an author.

His latest book, *Heaven and Hell in the NHL*, is Imlach's personal account of the events that occurred during his three stormy years as general manager of the Toronto Maple Leafs.

He takes some well-aimed potshots at those people he felt made his stay in Toronto "the worst three years of my long and generally happy life in hockey." Directly in the line of fire are Leaf boss Harold Ballard, who hired Imlach in 1979 to help turn the slumping Leafs around, former Leaf and captain Darryl Sittler and his agent and executive director of the NHL Players Association, Alan Eagleson.

Harold Ballard has always been able to make news whenever and wherever he wants to. Imlach provides an insight into the man - what it's like to work with him day by day. He also tells how Ballard made his job of running the Leafs very difficult.

Imlach exposes a Darryl Sittler that is far removed from his public image. He talks about the problems he encountered with Sittler - the numerous shouting matches, the Ronald MacDonald House fiasco and the furor created when he banned Sittler and Leaf goaltender Mike Palmateer from taking part in Showdown. Darryl Sittler fans may cringe when they read *Heaven and Hell*.

Alan Eagleson has never been one of Punch Imlach's favorite people for a number of reasons, the two most obvious being that he's a lawyer and the other being that he's Sittler's lawyer. Imlach makes his dislike for legal counsels quite clear throughout the book but saves his sharpest barbs for Eagleson.

Imlach discusses the trades he made as Leaf general manager, his reasons for making them and a couple of would-be trades that just didn't come off.

But *Heaven and Hell* is not just about Imlach with the Toronto Maple Leafs. The book also takes a colorful look at his years at the helm of the Buffalo Sabres, where he built an expansion team into a Stanley Cup contender. Although he did have his problems and was eventually fired in 1978, Imlach's years in Buffalo were certainly happier than those spent later on in Toronto.

Heaven and Hell, for all its bluntness, is still a sentimental book to read. Imlach talks about the friendships he developed in hockey and reveals the loss he felt when those close to him died. An entire chapter is devoted to the special bond that existed between Imlach and Tim Horton. It may bring a lump to your throat or tears to your eyes. Imlach also takes us with him through the rigors of his three heart attacks and the frustration he felt while laid up in a hospital bed when he wanted to be running his hockey club.

Imlach was certainly a stubborn, sometimes cantankerous, no-nonsense type of hockey man who probably made more enemies than friends. If he sounds bitter in *Heaven and Hell*, it's because I feel he's trying to cover up the real hurt he felt when Harold Ballard would not allow him back with the Leafs after his third heart-attack and subsequent coronary-bypass operation. After the successful operation, Imlach claims he felt better than he ever had in the last ten years and was eager to resume his managing duties with the Maple Leafs. But Ballard would not have a "a cripple" running his hockey team.

Heaven and Hell in the NHL is controversial, informative but most of all entertaining. Whether you like Punch Imlach or not, *Heaven and Hell* is a fascinating and thoroughly enjoyable book to read. It may even change your impression of the man. It changed mine.



Condor guard Phil Aubin tries to split the Falcon defense during last Wednesday's game.

Blake Reiner/Spoke

Win streak for Condors

by Kelly Pfeiffer

The Conestoga Condor Men's basketball continued their good play of late, winning their third consecutive game last Wednesday night at the Centre. They downed the Fanshawe Falcons 63-59 in a bitterly contested match.

The Condors had lost to the Falcons by 30 points in London three weeks ago but this night they grabbed the lead right from the opening tip-off and never trailed at any time in the game.

The Condors, who pushed their record to 6-5 in OCAA Tier 1 play, were led by forwards George Sonnenburg and Jim Gordon who each netted 16 points apiece. Doug Schenck and Wayne Munro also added 10 points each to a balanced Condor attack.

Fanshawe's Emilio Rocco led all scorers in the game with 19 points, while teammate John Hayden added 17 points of his own.

There is no love between these two teams and this was evident in this game especially. Plenty of bumping, stray elbows and censored conversations were displayed by both teams throughout the game. A lot of the confrontation in the game were brought on by the hysterics of Fanshawe coach Len Johnson, who was constantly yelling at his own players' and the referees.

The Condors started fast early in the first half against Fanshawe's man-to-man defense. The quicker Condors were constantly beating Fanshawe to the open area thus leading to easy short jumper and layup baskets. By the time Fanshawe went to a zone defense at the 11 minute mark, the Condors led 20-14.

For the first few minutes after Fanshawe went into their zone defense the Condors had their troubles getting any offense generated. But as well as the Falcon defense was per-

forming, the Condor defense was doing them one better. Aggressive rebounding and numerous blocked passes were the keys to the Condors best defensive effort of the season.

With five minutes remaining in the half and the score still at a six point differential, 26-20, the Condors began to penetrate the Fanshawe zone defense. With their composure getting better with each game, the Condors passed the ball crisply around the perimeter of the basket waiting for an open man underneath or a clear shot. With this working the Condors increased their lead to 33-22 with 1:33 remaining in the half.

The Condors closed out the half not using the clock to their own advantage. Taking shots with plenty of time left on the thirty second shot clock, gave Fanshawe an opportunity to make a late comeback. And when Fanshawe guard Scott Rowlands hit on a 15-foot jumper at the buzzer, the Falcons only trailed 33-28.

The first seven minutes of the second half were tense moments for the Condors as

the Falcons pulled closer, at one point holding on to a slim 37-36 margin.

But led by Jim Gordon, who paced the Condors with 12 second half points; most in clutch situations, they took leads of up to fifteen points in the middle portion of the half.

Between the six technical fouls handed out and a Fanshawe fan being thrown out of the area for boisterous behaviour, the Condors held a 62-49 lead with three minutes remaining.

But the Condors became a little complacent as they let Fanshawe pull within four points on several occasions late in the game. But a steal by George Tinnes with ten seconds remaining closed the door on any Fanshawe hopes.

Condor coach Bob Scott commented after the game on his teams recent surge.

"It takes a while for a group of individuals to get familiar with each other and start to play together, early in the season we had problems doing that, but now the players are playing the way their supposed to, as a team."

OCAA BASKETBALL TIER 1

	W	L	GB
Seneca	7	1	—
Mohawk	6	2	-1
Centennial	3	1	-2
George Brown	6	4	-2
Sheridan	3	2	-2½
Niagara	4	3	-2½
Fanshawe	4	3	-2½
St. Lawrence	5	4	-2½
Conestoga	5	5	-3
St. Clair	3	5	-4
Humber	2	6	-5
Canadore	1	5	-5
Cambrian	0	8	-7

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by Lisa

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Condor captain Scott Long scores the Condors' third goal in the loss to St. Clair. In other action, the Condors' home-ice jinx continued last Wednesday night when they dropped an 8-6 decision to the Sheridan Bruins.
Roy Cooper/Spoke

Condors lose in overtime

by Blake Reiner

The Conestoga Condors continue to have a run of hard luck at the Conestoga Centre. They suffered perhaps their toughest defeat of the season Saturday Nov. 27 when they lost a heart-breaking 5-4 overtime decision to the league-leading St. Clair Saints in an OCAA hockey game played at the Centre.

The Condors have now lost three of their five games played at home.

Earlier in the week, the Condors lost 4-2 at home to the Seneca Braves and gained a 4-4 tie with Canadore Panthers in North Bay.

On Nov. 27, the Condors opened the scoring against St. Clair on a goal by Ron Clayton, who beat Saints' goalie Tom Dawson with a low slapshot from the high slot. But the Saints quickly knotted the score at 1-1 before Rick Tryon gave the Condors a 2-1 lead with a shorthanded breakaway

tally late in the first-period.

There were four goals in the second-period and the Saints scored three of them. The first came on a slapshot from well out that seemed to handcuff Condor goalie Jeff Hewson. That made the score 2-2. The Condors then went ahead on a goal by captain Scott Long before the Saints capitalized on Condor errors and scored twice in just over a minute to take a 4-3 lead into the dressing room.

The Condors tied the score on a goal by Lyle Rettinger at the 12:12 mark of the final frame. With the game deadlocked at 4-4, both teams had chances to notch the winner, but the goalies kept the score even with some big saves.

With less than three minutes remaining in the game, the Condors employed a little strategy. They requested that a Saint player's stick be measured for excessive curvature. The stick was found to be illegal and the Saints were

assessed a two-minute penalty. However, the Condors were unable to take advantage of the power-play and at the end of the third-period, the teams were tied at 4-4. Under OCAA rules, if the teams are tied at the end of regulation time, a 10-minute sudden-death overtime period is played.

At 2:44 of overtime, four Saints broke away on a lone Condor defender and Dale Flood beat goaltender Hewson with a low shot to the glove side to earn the victory for St. Clair.

Chris Girard, Rudy Horvath, Serge Dubois and Chris Flood scored the other goals for the Saints.

The game was a very evenly played contest with the Saints taking 38 shots on goal to the Condors' 37.

The Condors' last game before the Christmas break is this Wednesday when they travel to Seneca College for a game with the Braves.

High school tourney held at Center

by Kelly Pfeiffer

The Conestoga Athletic Centre will play host to its second annual high school hockey tournament starting this Wednesday, and its third annual high school basketball tournament starting this Thursday.

Twelve teams are entered in the basketball tournament, while 11 teams will compete in the hockey portion of the tournament. Both events conclude this Saturday night with championship and consolation finals, presentation of trophies, the selection of all-star teams and tournament most valuable players.

Teams included in the hockey tournament are last year's champion St. Jeromes' Lions of Kitchener. Other area schools involved are: Grand River, Forest Heights, Eastwood and Cameron Heights from Kitchener; while Galt and Preston high school form the Cambridge representatives.

Toronto's De La Salle high school along with Saunders high school from London and

Saltfleet from Hamilton head the list of competitors for the area schools.

Cameron Heights Golden Gaels are back to defend their basketball title but face tough opposition in W.F. Herman high school from Windsor, J.F. Ross from Guelph and Waterloo Collegiate (winners of the King City tournament two weeks ago).

Other teams joining the Golden Gaels from the K-W area are: St. Jeromes', Grand River, Bluevale and Glenview Park. Woodstock, Essex and St. Jean de Brebeuf from Hamilton round out the tourney.

Basketball action begins at 5:00 p.m. on Thursday, with Glenview Park tangling against Waterloo collegiate.

Grand River and Forest Heights open the hockey action on Wednesday at 3:30 p.m.

Tickets will be available at the Conestoga Centre this Wednesday. A \$3.00 tournament pass is good for admission to any and all games, while a \$1.00 pass is good for all games on the date of purchase.



An unidentified St. Clair player puts a headlock on Condor forward Glen Schaefer.
Roy Cooper/Spoke

OCAA HOCKEY TIER 1

W L TPTS

St. Clair	7	3	- 14
Canadore	5	2	1 11
Conestoga	5	5	1 11
Seneca	5	2	10
Sheridan	5	4	- 10
Humber	5	5	- 10
Centennial	0	11	- 0